

CAMP to Empower

Leadership-Excellence-Integrity-Diversity-Equity

September 2012

CANADIAN ASSOCIATION OF MULTICULTURAL PEOPLE (CAMP)

Our Values:

Leadership development

Service Excellence

Integrity in partnerships

Respect for Diversity

Advocate for Equity

Inside this issue:

ED's Message 1

Volunteer Call out 1

Spotlight 2

Service Profile 3

Youth Writing Corner 4

Partner Update 5

Parenting Corner 6

New and Useful 7

Current Volunteering Opportunities:

1. Website Developers
2. Youth Leaders
3. Social Media Support

Volunteer with us:

- To develop skills & build experience
- To get community hours
- To get Canadian experience as a new immigrant
- To get recognition & acknowledgement
- To give back to the community

For more information and questions,
please contact us: info@camp-on.com

Executive Director's Message

Dear Friends,

September has been an incredibly busy month for all. At our organization, it means resuming our Seniors Program with more exciting new features especially computer learning and elder abuse awareness. We also were busy welcoming our two new placement students and helping them adjust through consistent supervision and mentoring. Our newsletter also embarked into a new exciting journey and we published our first corporate edition which was very well received.

You will see us connecting with our corporate partners even more now as we strive to build a meaningful partnership with this sector for the public benefit. Most of our partners are willing to support in kind through providing discounted services to our volunteers, supporter and members when they are profiled in our newsletter. Please keep an eye on those offers and check these businesses out for reduced rates and guaranteed service excellence.

We are also in the process of formally announcing our paid membership for individuals and organizations which will give us an even bigger opportunity to function well and bring more programs and services for the community to empower and engage.

We wish to see a lot more tolerance, respect, honesty, transparency and humanity among humans. As your partners in service, we wish you all the success in your own individual efforts for the same and hope to partner with you at many different levels to make this community a great place to raise our generations fearlessly and in peace.

To conclude, our newsletters and our face book page have been our key pieces of communication. Your responses, feedback and suggestions are always welcome. Keep them coming!

In solidarity,

Farina Siddiqui

Empower, inspire and motivate to build community....Together

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Spot Light

This segment in our newsletter is to introduce and acknowledge the hidden assets and gems of our community. These incredible individuals are making each and every day of their life count by contributing for our communities with their dedication, passion and love of humanity. Our focus here is to highlight professionals from immigrant communities mostly.



Sukhjit Singh

A passionate Immigrant and Settlement Supporter

Sukhjit came to Canada in year 2009 (September) after spending almost 10 year of exciting and promising career as counselor / facilitator in field of Higher Education(Engineering and Management). When he landed with his family, he knew that life in Canada will be mixed with ups and downs. He was equipped with information and resources before landing in this beautiful country. He swiftly learnt threads of trade in job hunting and job search by attending Job Search Workshop. His first Canadian resume landed him few interviews and also a Volunteer position after a successful interview at YMCA in Mississauga. While spreading his wings, doing networking, Sukhjit got another volunteer (paid) position at India Rainbow Community Services in Mississauga as a project Assistant.

Sukhjit was following non-traditional ways of job hunt; he got first paid position as a Settlement Worker in Peel Multicultural Council in Mississauga. During this short period of time he was able to make an impression in field of settlement and employment while serving newcomers and internationally educated and trained professionals in Canada. He is an active member of few online community blogs that help newcomers in Canada primarily. He got himself involved in community work by taking new approach to help individuals and families who are in need of right information during the process of settlement in Canada. Sukhjit strongly feels that settlement to Canada is not an issue at large, however he does feel that if the existing services can take innovative and out of box thinking, this can benefit all those who are in need of some kind of help.

Sukhjit is a Certified Information and Referral Specialist (CIRS-AIRS) and also a Certified Career and Employment Information Specialist (CEIS). His most recent position was at Sheridan College as Academic Recruitment Specialist for CIC funded programs. He is familiar with various cultures and languages especially from South Asian diaspora. He made through (First career break) within 6 months of landing by empowering others and using innovative tools. He was helping others while being helped by others. His continuous learning attitude along with skills and experience assisted him in serving various different positions such as Settlement worker, ELT coordinator, Information Counselor, and interpreter/translator at PMC and TCET (various locations). His committed approach for community support can be seen at: <http://acc.wistia.com/m/Ci12Sf> or <http://www.immigrationpeel.ca/video/immigration-portal.swf> . He can be reached at sukhforchange@gmail.com

Sukhjit's proactive involvement in community work and in other projects presently connects him at multiple levels such as, Family Literacy Program Facilitator for Region of Peel, Co-Chair - Social Inclusion Committee at PNSG, Member - Civic Inclusion Committee at PNSG , PIC Member, Peel District School Board, Volunteer Ambassador, Volunteer MBC, Canadian Immigration Integration Program (CIIP), Facilitator, YMCA , Mississauga, Project Assistant, IRCS of Peel , Mississauga and most recently as steering committee member of the Interfaith Council of Peel.

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September 2012

SERVICE PROFILE

FITNESS PLACE EXCLUSIVE FOR WOMEN

Physical Activity and Fitness always means not only healthy, shaped and younger looking body but it also means healthier brain and skin. This is the message we brought back from the very qualified, courteous and professional staff Pace fitness has. Pace Fitness truly is a unique women only facility available to those who are looking for women only private, comfortable fitness zones at affordable prices. Their Aqua Massage and Infrared Sauna truly is a special treat. Their wonderful line up or fitness equipment with easy to use instructions even for beginners is a true motivator for women who are looking to shed those extra pounds and reap the health rewards.

Please check out their website <http://www.pacefitness.ca/> or visit their facility to get a special discount when you mention our newsletter article.



UNLIMITED

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Great for stress!!

Infrared (DETOX)

Sauna

Dr. Oz approved

Featured on Oprah

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As low as

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Young Writer's Corner

The young writer's corner is open to youth from 9-18 years.

So be creative, send us your precious pieces, inspirations and stories to be part of our newsletter. Please send us your submissions at info@camp-on.com

"I'm not supposed to love you" by: Moonlit Dagger (12 year old from Mississauga)

Author's Note: Hey guys! This is my second anime crossover of Inuyasha and Sailor Moon! I hope you like it! Stay tuned because I'll be writing Part 2 in the next newsletter! If ya guys have any comments or ideas, email me at:

KiraITadaishi@gmail.com

"Yeah! Send 'em home with their tails between their legs!" Serena enthused.

"We aren't Tokyo's most feared gang for nothing!" Rini said, standing up.

"Yeah!" Kagome agreed, also standing up.

"Let's take 'em DOWN!" Mina cried.

"With style, of course!" Rin added with a coy smile.

"Blood!" Kikyou cried.

"Thirsty!" Kagome cried.

"HUNTERS!" they all shouted.

They all threw their plates in the sink, stopping to thank Lita for another 'meal from heaven', and headed off to bed, not noticing the shadowed figure lurking near their open window.....To be continued!!!!!!!!!!!!!!!!!!!!

Think Safety inside and out by: Lina(a young mom from Mississauga)

Lets Talk Safety

Every new School year starts with both excitement and anxiety for parents, students and staff. While our teacher all the best of a job to maintain the safety of children, our parents also have a shared responsibility to review all the safe procedures with kids of all ages every year at least twice a year. Some tips:

- Stranger Alert: Never go anywhere, talk to or take anything from a stranger. In any tough situation, "safe strangers" are Police Officers, Fire fighters and Security personels.
- A handy list of contacts and all the addresses of people who interact with your kids regularly would save us time and energy in challenging situations.
- Don't leave your children un supervised in cars, parks, malls, arenas, public washrooms and plazas is a practice we should all avoid no matter how urgent the errend can be. They are most precious.
- Teach your kids where and how to get help when they feel uncomfortable in any given situation. Encourage them to talk to you or their teacher if someone or something makes them feel unfortable.
- Listen to your children when they are trying to tell you something that bothers them and support them with understanding and complete attention no matter how busy you are.
- Tour their travel routes with them to show them what are the safety practices, where the public phone booths are and how to dial 911(no coinc required).
- Make sure your child knows to stay away from opneded doors, parked cars/ vans or any unknown vehicles while walking home from School or tutoring centre, Soccer practice etc.
- Develop a fire scape plan for your family and review it_with your children regularly.
- Your child should know that their body is private, no one should be able to touch them without their permission. If someone tries to especially in their private areas, encourage them to tell you immediately.
- Monitor your child's internet use, sites they visit, online friends they have and all activieis to ensure their safety from pedophiles and web bulleys.

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September 2012

Partner Update

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Learning to speak English well can open many doors.....



Speaking the English language is easy for native people in English-speaking countries. But what about those who came from other countries who are not well-versed in this global language? If you are one of them, it can be quite a challenge to learn the rules to improve your spoken English. But we make it possible for you...

We have courses that range from the very basics of English to higher end soft skills such as Presentation Skills, Group Discussion skills, Interview training. Our courses are focused on Fluency development, Communication Skills, Email / Writing Skills and Personality Development.

We also provide tutoring for English literacy exam like TOEFL, IELTS etc. with all supporting written and audio visual resources. Your learning is monitored and gauged through simulated model tests to ensure steady progress.

So register today to ...

- ⊙ *Get rid of the frustrating "What?"*
- ✎ *Build your career, achieve job security*
- ✎ *Build your confidence to succeed in presentations, groups, and on the phone*

We believe that each student's English requirement is different and it needs to be addressed in a customized manner. We call it: 'Need Based Teaching' and depending on each student's needs and future plan, we draft individual modules and design a learning plan that will be unique to him or her.

Our Classes are offered at our conveniently located centre in morning hours to allow homemakers to take advantage of this wonderful opportunity and hone their spoken and written English language skills.

Classes are held Monday & Wednesday from 10.30 am to 12.30 pm

Ask about our Special Welcome Package with a 20% discount.

CALL: 905-279-0308

Or

Visit: 325 Central Parkway W (Confederation Parkway) Mississauga L5B 3X9



Academy for Mathematics & English

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September 2012

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Parenting Corner

Our parenting corner compiles tried and true parenting tips and techniques from professionals and we do try our best to provide references for your reading. We will continue providing these best practices to help the challenges of parenting in today's high tech world where are raising a "net generation ". We hope you will benefit from them. You are more than welcome to send us your tips to us with references if they are derived from somewhere.

IMPORTANCE OF PARENTAL INVOLVEMENT IN A CHILD'S LIFE

Compiled by: **Vanita Tangri**

Parental involvement refers to the amount of participation a parent has when it comes to schooling and her child's life. Some schools foster healthy parental involvement through events and volunteer opportunities, but sometimes it's up to the parents to ensure that they are involved with their child's education. You can ensure that your child receives the benefits from parental involvements by staying up to date on what is happening in the classroom, helping your child with school opportunities and knowing correct safety procedure for the school.

Parents can foster a good social experience for their children as they are the role models for their children. The various fields where parents can support children are:

Social

1. Ensuring that they know what activities their children are involved in. If he plays football, perhaps you could join the coaching staff or be a volunteer driver for the school. If he participates in student council, offer your services as a decorator or donate to the cause.
2. You can also stay on top of his social life by inviting friends to play at your home so you're able to get to know them and evaluate if they are good friend choices for your child.

Educational

1. Parental involvement is one of the most important deciding factors in a child's education and suggests the the earlier a parent can intercede with his child's education, the more successful his child will ultimately be(Michigan State government study)
2. Helping your child with homework is just the beginning. Taking her to a museum on the weekends, completing science projects together and staying on top of her grades and progress will keep you aware and supportive of your child's education.

Disciplinary

By understanding why your child is being disciplined at school, as well as knowing what he can do to rectify the situation, will keep you involved in the disciplinary process with the school, says the National Coalition for Parent Involvement in Education. Don't leave it simply up to teachers and school administrators to enforce discipline.

Safety

1. Parents can volunteer their services to help keep the school safe for everyone involved. The Center for the Prevention of School Violence warns that not only should a parent be on the lookout for safety risks from other students, but should also know the warning signs of violence within their own children.
2. Volunteering for supervision services and understanding the school emergency plan can keep your school safe.

School Involvement

Schools need to facilitate parental involvement by offering opportunities to the parents. The NCPPIE recommends that school administrators greet parents warmly, sending notices home when volunteer opportunities are available and giving suggestions for extra credit work and family activities that coincide with units of study.

Read more : <http://www.livestrong.com/article/75306-definition-parent-involvement>

Stay tuned for more parenting tips next month.....

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Updates

- We support

- **Parenting Corner:**

Our "Parenting Corner" has great tips and techniques. You are more than welcome to send your tips to be included (with or without your name but with references if any) at: info@camp-on.com

- **Young Writer's Corner**

Our "Young writer's corner" is open to youth from 9-18 years, so be creative, send us your precious pieces, inspirations and stories to be part of our newsletter. Please send us your submissions at info@camp-on.com Please also send us your feedback about the pieces shared from our young writers.

- **Join us on Face book:**

<https://www.facebook.com/pages/Canadian-Association-of-Multicultural-People/146896072047414>

- **Our Newsletter, a great promotional resource for you:** You can check out our previous newsletters at:

http://www.camp-on.com/?page_id=130



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